



Middle School Summer Assignments

From Middle School Principal, Mrs. Argall

Hello Middle School Families,

Several of you have noticed something this summer: no homework packet, no required reading log, no math worksheets. You're right; we did not assign mandatory summer work this year. Why? Research and experience point in a different direction. Worksheets and packets don't build real learning. Repetitive busywork has little academic value, and it often drains a love of learning instead of building one.

We do know for certain: rest builds the brain. Middle schoolers carry a heavy cognitive load all year. Summer break lowers stress and resets the nervous system. Sleep, play, and downtime strengthen focus, memory, and emotional regulation, the exact skills they need in the fall.

If your child wants to stay sharp, or wants to keep learning on their own, here are three simple ways to do that without turning summer into school.

Read anything

Skip the reading log. Four or five books of their own choosing over the summer is enough to protect reading skills. A library trip is one of the best ways to build vocabulary. Graphic novels, sports biographies, fantasy series; all of it counts. Free reading is the single best way to prevent summer slide.

Find math in daily life

Bake together and double a recipe. Run a lemonade stand and count change. Play a strategy board game on family night. Even a strategy video game is a great option. These build math thinking without a worksheet in sight.

Support their interests

Painting, music, gardening, photography. A summer spent on something they choose builds focus and follow-through in ways assigned work cannot. We would love to hear about new hobbies our Stingers pick up over the summer!

We want your kids back in the fall rested, curious, and ready to learn. We will be in touch later this summer with all the information you will need about the new school year. Until then, have a safe and healthy summer.

Best,
Katie Argall